**Creative Beginnings**

**Child Development Center**

**Weekly Menu**

**Aug 21, 2017 Substitutions For**

**Menu (Ages 12-24 months)**

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**Monday, Aug 21, 2017**

**Breakfast: Cornflakes, Banana, Milk**

**Lunch: Chicken Nuggets, Potato Salad, Green Beans, Roll, Milk**

**Snack: Ritz Crackers, Cheese Slices, Ice Water**

**Tuesday, Aug 22, 2017**

**Breakfast: Gravy Biscuit, Applesauce, Milk**

**Lunch: Ham/Cheese Sandwich, Tossed Salad, Baked Apples, Milk (Green Beans)**

**Snack: Brownies, Pears, Ice water**

**Wednesday, Aug 23, 2017**

**Breakfast: Cream of Wheat, Mixed Berries, Milk**

**Lunch: Fish Filet, Mixed Veggies, Fruit Cup, Hush Puppies, Milk**

**Snack: Gold Fish Crackers, Fresh Orange Slices, Ice Water (Mandarin Oranges)**

**Thursday, Aug 24, 2017**

**Breakfast: Blueberry Muffin, White Grape Juice, Milk**

**Lunch: BBQ Ribs, Cheese Potatoes, Turnip Greens, Sliced Bread, Milk**

**Snack: Saltines, Fresh Carrot Sticks and Dip, Ice Water (Banana)**

**Friday, Aug 25, 2017**

**Breakfast: Cheese Grits, Pineapple Chunks, Milk**

**Lunch: Chicken Fajita w/ Cheese, Lettuce, Mandarin Oranges, Milk (Peas)**

**Snack: Sugar Cookies, Apple Juice**

# Snack: Animal Crackers, and Apple Juice

**Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.**

**Whole Milk served to children 12 month to 23 months. 1% milk served to children over 2 years old.**

**Creative Beginnings participates in the school food program.**

**USDA is an equal opportunity employer.**