**Creative Beginnings**

**Child Development Center**

**Weekly Menu**

**October 16, 2017 Substitutions For**

**Menu (Ages 12-24 months)**

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**Monday, Oct 16, 2017**

**Breakfast: Cheerios, Banana, Milk**

**Lunch: Beef Soft Taco on Whole Corn Tortilla, Diced Lettuce and Tomatoes, Mandarin Oranges, Milk (Corn)**

**Snack: Cheeze-Its, Mixed Fruit, Ice Water**

**Tuesday, Oct 17, 2017**

**Breakfast: Waffles, Strawberries, Milk**

**Lunch: Chicken Tenders, Tater Tots, Green Beans, Whole Grain Bread, Milk**

**Snack: Assorted Crackers, Mozzarella Cheese, Ice Water**

**Wednesday, Oct 18, 2017**

**Breakfast: Bagels w/ Cream Cheese, Applesauce, Milk**

**Lunch: Black Beans, Corn, Mango, Brown Rice, Milk**

**Snack: Turkey Roll-Up w/ Ranch, Ice Water**

**Thursday, Oct 19, 2017**

**Breakfast: Bran Muffins, Fresh Apple Slices, Milk (Mandarin Oranges)**

**Lunch: Ham and Cheese Pizza, Tossed Salad w/ Ranch, Pineapple, Milk (Green Beans)**

**Snack: Cheese Cubes, Ritz Crackers, Ice Water**

**Friday, Oct 20, 2017**

**Breakfast: Cinnamon Cream of Wheat, Baked Apples, Milk**

**Lunch: Vegetable Beef Soup, Peaches, Corn Bread, Milk**

**Snack: Graham Crackers, White Grape Juice**

# Snack: Animal Crackers, and Apple Juice

**Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.**

**Whole Milk served to children 12 month to 23 months. 1% milk served to children over 2 years old.**

**Creative Beginnings participates in the school food program.**

**USDA is an equal opportunity employer.**