

Creative Beginnings Child Development Center

Weekly Menu

Fall #3

January 16-17, 2023

Substitutions For
(Ages 12-24 months)

Menu

Monday, January 16, 2023

Breakfast:

Lunch: CLOSED!!

Snack:

Tuesday, January 17, 2023

Breakfast: Sliced Ham, Tater Tots, Milk

Lunch: Cheese Quesadilla (WW Wrap), Baked Apples, Corn, Milk

Snack: Yogurt, Graham Crackers, Ice Water

Wednesday, January 18, 2023

Breakfast: WW French Toast Sticks, Strawberries, Milk

Lunch: Pinto Beans, Turnip Greens, Pineapple, Cornbread, Milk

Snack: Oyster Crackers, Fresh Apple Slices, Ice Water Applesauce

Thursday, January 19, 2023

Breakfast: Blueberry Muffin, Mandarin Oranges, Milk

Lunch: Chicken Nuggets, Broccoli, Applesauce, Mac-n-Cheese (WG Pasta), Milk

Snack: Club Crackers, Peaches, Ice Water

Friday, January 20, 2023

Breakfast: Cheese WW Toast, Fresh Orange Slices, Milk Mandarin Oranges

Lunch: Meatballs w/ Gravy, Green Beans, Cranberry Sauce, Brown Rice, Milk

Snack: Cucumber Slices w/ Ranch Dip, Saltine Crackers, Ice Water

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.

Whole unflavored milk served to children 12 - 23 months. 1% unflavored milk served to children over 2 years old.

Creative Beginnings participates in the school food program.
This institution is an equal opportunity employer.