

Creative Beginnings Child Development Center

Weekly Menu #2
May 16, 2022

Substitutions For
(Ages 12-24 months)

Menu

Monday, May 16, 2022

Breakfast: Rice Krispies Cereal, Banana Milk
Lunch: Beef-a-roni w/ WG Pasta, Tossed Salad w/ Ranch, Corn, Milk
Snack: Graham Crackers, Yogurt, Ice Water

Tuesday, May 17, 2022

Breakfast: Apple Muffin, Peaches, Milk
Lunch: Baked Chicken, Steamed Broccoli, Sweet Potatoes, Brown Rice, Milk
Snack: Rice Crackers, Mandarin Oranges, Ice Water

Wednesday, May 18, 2022

Breakfast: Biscuit w/ Jelly, Fresh Apple Slices, Milk Applesauce
Lunch: Ham Salad, Lima Beans, Pineapple, Assorted Crackers, Milk
Snack: Carrot Sticks w/ Ranch, WW Ritz Crackers, Ice Water Cheese Slices

Thursday, May 19, 2022

Breakfast: Cheese WW Toast, Baked Apples, Milk
Lunch: Pita Pocket w/ Chicken & Ranch Dressing, Green Peas,
Tropical Fruit (Pineapple/Papaya), Milk
Snack: Soft Pretzel Bites, 100% Apple Juice

Friday, May 20, 2022

Breakfast: Waffles, Applesauce, Milk
Lunch: Cheese WG Quesadilla, Spinach, Carrots, Milk
Snack: Oyster Crackers, Fresh Orange Slices, Ice Water Peaches

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.

Whole unflavored milk served to children 12 - 23 months. 1% unflavored milk served to children over 2 years old.

Creative Beginnings participates in the school food program.
This institution is an equal opportunity employer.