

Creative Beginnings Child Development Center

Weekly Menu
October 11, 2021

Substitutions For
(Ages 12-24 months)

Menu

Monday, October 11, 2021

Breakfast: Rice Krispies, Banana, Milk
Lunch: Country Style Steak w/ Gravy, Green Beans, Mashed Potatoes, WG Roll, Milk
Snack: Pineapple, Assorted Crackers, Ice Water

Tuesday, October 12, 2021

Breakfast: Waffles, Fresh Apple Slices, Milk Pears
Lunch: Potato/Ham/Cheese Casserole, Baked Beans, Peaches, Cornbread, Milk
Snack: Pita Chips, Hummus, Ice Water

Wednesday, October 13, 2021

Breakfast: Jelly WG Toast, Mixed Berries, Milk
Lunch: Chicken Alfredo w/ WG Noodles, Green Peas, Mandarin Oranges, Milk
Snack: Graham Crackers, Applesauce, Ice Water

Thursday, October 14, 2021

Breakfast: Ham, Tator Tots, Milk
Lunch: Sloppy Joe on a Bun, Fries, Broccoli, Milk
Snack: WW Mini Bagel w/ Cream Cheese, 100% Apple Juice

Friday, October 15, 2021

Breakfast: Apple Muffin, Fresh Orange Slices, Milk Peaches
Lunch: Baked Chicken, Turnip Green, Cranberry Sauce, Hushpuppies, Milk
Snack: Sunflower Seed Butter, WW Ritz Crackers, Ice Water

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.

Whole unflavored milk served to children 12 - 23 months. 1% unflavored milk served to children over 2 years old.

Creative Beginnings participates in the school food program.
This institution is an equal opportunity employer.