

Creative Beginnings Child Development Center

**Weekly Menu
September 14, 2020**

**Substitutions For
(Ages 12-24 months)**

Menu

Monday, September 14, 2020

Breakfast: Puffed Whole Wheat Cereal, Banana, Milk
Lunch: Baked Chicken, Roasted Sweet Potatoes, Green Peas, Brown Rice, Milk
Snack: Goldfish Crackers, Pineapple, Ice Water

Tuesday, September 15, 2020

Breakfast: WW English Muffin, Cantaloupe, Milk
Lunch: Roasted Pork, Baked Beans, Potato Salad, Hushpuppies, Milk
Snack: Bran Muffin, Pears, Ice Water

Wednesday, September 16, 2020

Breakfast: Buttered Grits, Fresh Apple Slices, Milk **Baked Apples**
Lunch: Beef-A-Roni w/ Sauce & WG Pasta, Garden Salad, Corn, Milk
Snack: Wheat Thins, Cheese Slices, Ice Water

Thursday, September 17, 2020

Breakfast: Sausage, Hash browns, Milk
Lunch: WG Chicken Patty, Sugar Snap Peas, Tomato Slices, Sliced Bread, Milk
Snack: Breadsticks, Fresh Orange Slices, Ice Water **Mandarin Oranges**

Friday, September 18, 2020

Breakfast: Biscuit, Strawberries, Milk
Lunch: Sliced Ham, Lima Beans, Peaches, WG Roll, Milk
Snack: Trail Mix, 100% Apple Juice

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.

Whole unflavored milk served to children 12 - 23 months. 1% unflavored milk served to children over 2 years old.

**Creative Beginnings participates in the school food program.
This institution is an equal opportunity employer.**