

Creative Beginnings Child Development Center

Weekly Menu
September 28, 2020

Substitutions For
(Ages 12-24 months)

Menu

Monday, September 28, 2020

Breakfast: Rice Krispies Cereal, Banana, Milk
Lunch: Chicken Nuggets, Zucchini, Corn, Brown Rice, Milk
Snack: Tortilla Chips, Salsa, Ice Water

Tuesday, September 29, 2020

Breakfast: Biscuit & Gravy, Fresh Orange Slices, Milk Mandarin Oranges
Lunch: Turkey & Cheese WW Wrap, Carrots Sticks w/ Ranch Dip,
Mixed Fruit (Pears/Peaches), Milk
Snack: Oyster Crackers, Pears, Ice Water

Wednesday, September 30, 2020

Breakfast: Orange-Cranberry Muffin, Applesauce, Milk
Lunch: Roast Beef, Mashed Potatoes w/ Gravy, Green Beans, WG Roll, Milk
Snack: Mandarin Oranges, Graham Crackers, Ice Water

Thursday, October 1, 2020

Breakfast: Sliced Ham, Hash browns, Milk
Lunch: Tuna Salad, Lima Beans, Pineapple, WW Pita Bread, Milk
Snack: Animal Crackers, Fresh Apple Slices, Ice Water Applesauce

Friday, October 2, 2020

Breakfast: Cheese WW Toast, Baked Apples, Milk
Lunch: Chicken Pot Pie, Green Peas/Diced Carrots, Peaches, Milk
Snack: Pretzels, Cheese Slices, Ice Water Saltine Crackers

Substitutions in meat, fruit and vegetables are made for children 12-24 months of age for various reasons including not meeting their nutritional needs, being considered a choking hazard or possibly causing an allergic reaction.

Whole unflavored milk served to children 12 - 23 months. 1% unflavored milk served to children over 2 years old.

Creative Beginnings participates in the school food program.
This institution is an equal opportunity employer.